

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Happy Canada Day! 9:30am Friendly Visits - V 9:30am Friendly Visits - V 9:30am Low Impact Group Exercise Class in Sitting - 1TVL 10:15am DementiAbility Activity Box - V 10:15am Canada Day Flag Planting! - FG 2:00pm Artistic Expression - 2L 2:00pm Bean Bag Toss - 1TVL 3:00pm St. John Ambulance Dog Therapy Visit - V 6:00pm Balloon Badminton - 3L 6:30pm Tender Touch - V	2 9:00am Creative Movement - 3L 9:15am Ball Toss - 2L 9:30am Fun & Fitness - 1TVL 10:30am Recreation Choices Planning Day - 1TVL 10:30am Recreation Choices Planning Day - 2L 10:30am Recreation Choices Planning Day - 3L 2:00pm Bingo - MDR 3:00pm Movies - 2L 3:00pm Today's Music - 3L 3:00pm Today's Music - 1TVL 6:00pm Snakes and Ladders - 3L 6:30pm Tender Touch - V	3 9:30am Balloon Badminton - 1TVL 9:30am Tender Touch - V 10:15am Movements to Music - 3L 10:30am Friendly Visits - V 2:00pm Outdoor Experience & Bird Feeding - FG 2:00pm Painting Art - 2L 2:00pm Snoezelen Cart - 3L 3:00pm 1:1 Conversations & Reminiscing - V 3:00pm Friendly Visits - V 3:00pm Tender touch - V 4:00pm Video Call - 1 6:00pm Aqua Painting - 3L 6:00pm Creative Movement - 2L 6:30pm 1:1 Cards/Board Game - 3L 6:30pm Snakes and Ladders - 2L	4 9:30am DementiAbility Activity Box - 2L 9:30am DrumFit - 3L 10:15am Balloon Badminton - 2L 10:15am Music Appreciation - 3L 2:00pm Post-Canada Day Encore! - MDR 3:00pm Friendly Visits - V 3:00pm Friendly Visits - V 3:00pm TV Shows - 1TVL 6:00pm Beauty Corner - 1TVL 6:00pm Nice Nails - 3L 6:30pm 1:1 - Exercise Program - V 6:30pm 1:1 conversations - V	5 9:30am Fun & Fitness - 1TVL 9:30am Obie - 2L 9:30am Outdoor Experience - FG 10:00am St. John Ambulance Dog Therapy Visit 10:15am DrumFit - 2L 10:30am Snake and Ladders Game! - 1TVL 10:30am Chair dancing - 3L 2:00pm Outdoor Experience - FG 2:00pm Outdoor Experience - FG 2:00pm Snoezelen Cart - 3L 3:00pm Aromatherapy - V 3:00pm Movies - 1TVL 3:00pm TV shows - 3L
6 9:30am Ball Toss - 1TVL 9:30am Hymn Sing - 2L 9:30am Low Impact Group Exercise Class in Sitting - 3L 10:00am Spiritual Music - V 10:15am Bracelet Making - TS 10:15am DementiAbility Activity Box - 2L 1:00pm Sunshine Therapy Dog Visits 2:00pm Anglican Church Service - MDR 3:00pm Documentary/Movies - 1TVL 3:00pm Friendly Visits - V 3:00pm Movies - 2L	7 9:30am DementiAbility Activity Box - V 9:30am Seated Soccer + Watching TV Show - 1TVL 10:15am Balloon Badminton - 3L 10:15am Manicure Magic - 1TVL 2:00pm Cold Chocolate Delight – World Chocolate Day! 3:00pm Friendly Visits - V 3:00pm Friendly Visits - V 3:00pm Deal OR No Deal - 1TVL 3:00pm TV shows - 3L 6:00pm Snake and Ladders! - 1TVL 6:00pm Creative Movement - 2L 6:30pm Tender touch - V 6:30pm Touch2Play - V	8 9:30am Friendly Visits - V 9:30am Friendly Visits - V 9:30am Low Impact Group Exercise Class in Sitting - 1TVL 10:00am Virtual Reality Experience by HelpMobility (10:00am-12:00pm) - AR 10:15am DementiAbility Activity Box - V 2:00pm Artistic Expression - 2L 2:00pm Obie - 1TVL 3:00pm St. John Ambulance Dog Therapy Visit - V 6:00pm Aqua Painting - 1TVL 6:30pm Friendly Visits - V	9 9:15am Ball Toss - 2L 9:30am Balloon Badminton - 3L 9:30am Creative Movement - 1TVL 10:00am Catholic Mass - MDR 2:00pm Bingo - MDR 3:00pm Hymn Sing - 1TVL 3:00pm Movies - 2L 3:00pm Today's Music - 3L 6:00pm Ball Toss - 1TVL 6:30pm Tender touch - V	10 9:30am Balloon Badminton - 1TVL 9:30am Nice Nails - 2L 9:30am Tender Touch - V 10:15am Movements to Music - 3L 10:15am Creative Movement - 2L 10:30am Trivia - 1TVL 2:00pm Music Sanctuary Sessions with Adrianna - AR 3:00pm 1:1 Conversations & Reminiscing - V 4:00pm Video Call - 1 6:00pm DementiAbility Activity Box - V 6:00pm Trivia around the World - 1TVL 6:30pm Spiritual Readings - V	11 9:30am DementiAbility Activity Box - 2L 9:30am DrumFit - 3L 10:15am Balloon Badminton - 2L 10:15am Music Appreciation - 3L 1:00pm TV Shows - 1TVL 2:00pm Front Lawn Happy Hour! - FG 3:00pm Friendly Visits - V 3:00pm Friendly Visits - V 3:00pm iPad Visits - V 6:00pm Creative Movement - 1TVL 6:30pm DementiAbility Activity Box - V	12 9:30am Aromatherapy - V 9:30am Morning Greetings - V 9:30am Obie - 2L 10:00am St. John Ambulance Dog Therapy Visit 10:15am DrumFit - 2L 10:30am Brain Games - 1TVL 10:30am Chair dancing - 3L 2:00pm Obie - 3L 2:00pm Outdoor Experience - FG 2:00pm Summer Singalong - 2L 3:00pm Hymn Sing - 1TVL 3:00pm TV shows - 3L 3:00pm iPad Visits - V
13 9:30am Ball Toss - 1TVL 9:30am Ball Toss - 3L 9:30am Hymn Sing - 2L 10:00am Sunshine Therapy Dog Visit - V 10:00am Spiritual Music - V 10:15am DementiAbility Activity Box - 2L 10:30am 1:1 conversations - V 2:00pm Bowling - 2L 2:30pm Calvary Baptist Church Service - MDR 3:00pm Movies - 2L 3:00pm Movies - 1TVL	14 9:30am Seated Soccer + Watching TV Show - 1TVL 9:30am Tender touch - V 10:15am Cards and Games - TS 10:15am Tovertafel Magic Table - AR 2:00pm Light Trivia - 3L 2:00pm Velcro Dart Game! - 2L 2:00pm Obie - 1TVL 3:00pm TV shows - 3L 3:00pm Today's Music - 1TVL 3:00pm Today's Music - 2L 3:30pm Outdoor Experience - FG 6:00pm 1:1 Tender Touch - 3L 6:00pm Nice Nails - 2L 6:30pm Friendly Visits - V 6:30pm 1:1 inspirational Stories Reading - 3L 9:30pm Friendly Visits - V	15 9:30am Friendly Visits - V 9:30am Friendly Visits - V 9:30am Low Impact Group Exercise Class in Sitting - 1TVL 10:15am DementiAbility Activity Box - V 10:15am Fun and fitness - 2L 10:15am Morning Greetings - V 2:00pm Artistic Expression - 2L 2:00pm Snoezelen Cart - 3L 2:00pm Trivia - 1TVL 3:00pm St. John Ambulance Dog Therapy Visit - V 6:00pm Balloon Badminton - 2L 6:30pm Friendly Visits - V	16 9:15am Ball Toss - 2L 9:30am 1:1 conversations - V 9:30am Movement to Music - 3L 10:15am 1:1 Music Therapy - V 10:30am Artistic Expression - TS 2:00pm Bingo - MDR 3:00pm Movies - 2L 3:00pm Today's Music - 3L 3:00pm spiritual movie - TS 6:00pm Snakes and Ladders - 2L 6:30pm Friendly Visits - V	17 9:30am Balloon Badminton - 1TVL 9:30am Nice Nails - 2L 9:30am Tender Touch - V 10:15am Activities on the Go - 1TVL 10:15am Movements to Music - 3L 10:15am Creative Movement - 2L 2:00pm Nice Nails - 1TVL 2:00pm 1:1/ Small Group Outdoor Experience - FG 3:00pm 1:1 Conversations & Reminiscing - V 3:00pm Documentary Shows - 3L 4:00pm Video Call - 1 6:00pm Aqua Painting - 2L 6:30pm Friendly Visits - V	18 9:30am Creative Movement - 1TVL 9:30am DementiAbility Activity Box - 2L 9:30am DrumFit - 3L 10:15am Balloon Badminton - 2L 10:15am Music Appreciation - 3L 10:15am iPad Visits - V 2:00pm Jewelry Making - 1TVL 2:00pm Water Gun Fun Art! - FG 3:00pm Friendly Visits - V 3:00pm Friendly Visits - V 3:00pm Movies - 1TVL 6:00pm Creative Movement - 2L 6:30pm Friendly Visits - V	19 9:30am Aromatherapy - V 9:30am Fun & Fitness - 1TVL 9:30am Obie - 2L 10:00am St. John Ambulance Dog Therapy Visit 10:15am DrumFit - 2L 10:15am Outdoor Experience - 1 - GA 10:30am Chair dancing - 3L 2:00pm Pentecostal Church Service - MDR 3:00pm Documentary/Movies - 2L 3:00pm TV shows - 3L 3:00pm spiritual movie - TS
20 9:30am Ball Toss - 1TVL	21 9:30am Seated Soccer + Watching TV	22 9:30am Friendly Visits - V	23 9:15am Ball Toss - 2L	24 9:30am Balloon Badminton - 1TVL	25 9:30am DementiAbility Activity Box -	26 9:30am Aromatherapy - V

