

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am DementiAbility Activity Box - 2L 9:30am DrumFit - 3L 10:15am Artistic Expression - 3L 10:15am Balloon Badminton - 2L 1:00pm iPad Visits - V 1:30pm Documentary/Movies - 1TVL 1:30pm Documentary/Movies - 2L 1:30pm Friendly Visits - V Monthly Staff Department Meeting (1:30-3:00pm) 3:00pm Friendly Visits - V 3:00pm TV shows - 3L 6:00pm Nice Nails - 1TVL 6:30pm Balloon Badminton - 1TVL	2 9:30am Aromatherapy - V 9:30am Friendly Visits - V 9:30am Obie - 2L 10:00am St. John Ambulance Dog Therapy Visit 10:30am Brain Games - 1TVL 10:30am Fun & Fitness - 3L 2:00pm Balloon Badminton - 2L 2:00pm DrumFit - 1TVL 2:00pm Snoezelen Cart - 3L 3:00pm Hymn Sing - 1TVL 3:00pm Tender Touch - V 3:00pm Today's Music - 2L
3 9:30am 1:1 conversations - V 9:30am Balloon Badminton - 3L 9:30am Hymn Sing - 2L 10:15am DementiAbility Activity Box - 2L 10:15am Outdoor Experience - FG 11:00am Light Trivia - 3L 1:00pm Sunshine Therapy Dog Visits 2:00pm Anglican Church Service - MDR 3:00pm DementiAbility Activity Box - V 3:00pm Movies - 2L 3:00pm Tender touch - V	4 9:30am 1:1 Music Therapy - V 9:30am Morning Greetings - V 10:30am Recreation Choices Planning Day - 1TVL 10:30am Recreation Choices Planning Day - 3L 1:30pm Book Lovers Library Visit! - FG 3:00pm DementiAbility Activity Box - V 3:00pm Friendly Visits - V 3:00pm Trivia - 1TVL 6:00pm Balloon Badminton - 2L 6:00pm Recreation Choices Planning Day - 2L 6:30pm iPad Visits - V	5 9:30am Activities on the Go - 3L 9:30am Friendly Visits - V 9:30am Low Impact Group Exercise Class in Sitting - 1TVL 10:00am Nice Nails - 1TVL 10:15am Artistic Expression - 3L 10:15am Fun and fitness - 2L 2:00pm Summer Day Ice Cream Truck by Resident Council! - FG 3:00pm Documentary/Movies - 2L 3:00pm TV shows - 3L 6:00pm Nice Nails - 2L 6:30pm Tender touch - V	6 9:15am Ball Toss - 2L 9:30am Creative Movement - 3L 9:30am Friendly Visits - V 10:15am Creative Movement - 1TVL 10:15am DementiAbility Activity Box - 2L 10:15am DementiAbility Activity Box - 2L 2:00pm Bingo - MDR 3:00pm Friendly Visits - V 3:00pm Movies - 2L 3:00pm Today's Music - 1TVL 6:00pm Painting Art - 2L 6:30pm 1:1 Music Therapy - V	7 9:30am Balloon Badminton - 1TVL 9:30am Creative Movement - 2L 10:15am 1:1 Conversations & Reminiscing - V 10:15am Nice Nails - 2L 2:00pm Soca & Sunshine: Caribana Party! -FG 3:00pm DementiAbility Activity Box - 3 4:00pm Video Call - 1 6:00pm Stories for Soul - 3L 6:00pm Trivia - 2L 6:30pm Singalong - 3L 6:30pm iPad Visits - V	8 9:30am DrumFit - 3L 9:30am Hymn Sing - 2L 10:15am Artistic Expression - 3L 10:15am Bowling - 2L 1:30pm Chocolate Chip Cookie Baking! - AR 3:00pm Friendly Visits - V 3:00pm TV shows - 3L 3:00pm spiritual movie - TS 6:00pm Artistic Expression - 2L 6:00pm Friendly Visits - V 6:30pm Ball Toss - 1TVL 6:30pm Tender touch - V	9 9:30am Friendly Visits - V 9:30am Friendly visits - V 10:00am St. John Ambulance Dog Therapy Visit 10:15am Brain Games - 1TVL 10:15am Creative Movement - 2L 10:30am Chair dancing - 3L 2:00pm Brain Games - 2L 2:00pm Snoezelen Cart - 3L 2:00pm Tovertafel Magic Table - AR 3:00pm Hymn Sing - 1TVL 3:00pm TV shows - 2L 3:00pm Tender Touch - V
10 9:30am 1:1 conversations - V 9:30am Balloon Badminton - 3L 9:30am Bowling - 2L 10:15am DementiAbility Activity Box - V 10:15am Hymn Sing - 2L 10:15am Outdoor Experience - FG 1:00pm Sunshine Therapy Dog Visit - V 2:30pm Calvary Baptist Church Service - MDR 3:00pm Movies - 3L 3:00pm TV Shows - 1TVL	11 9:30am 1-1 visits - V 9:30am Morning Greetings - V 10:00am Hairdresser Day 10:00am-4:00pm - Hair Salon Basement 10:15am Creative Movement - 1TVL 2:00pm 1:1 - Exercise Program - V 2:00pm Ball Toss - 3L 2:00pm Balloon Badminton - 2L 3:00pm Sing Together - 3L 3:00pm Tender touch - V 3:00pm Trivia - 1TVL 6:00pm Coloring Club - 3L 6:30pm 1:1 iPad Fun - 3	12 9:30am Activities on the Go - 3L 9:30am Friendly Visits - V 9:30am Low Impact Group Exercise Class in Sitting - 1TVL 10:00am Nice Nails - 1TVL 10:15am Obie - 3L 10:15am Singalong - 2L 2:00pm Resident Council Meeting - AR 3:00pm Documentary/Movies - 2L 3:00pm Documentary/Movies - 1TVL 3:00pm TV shows - 3L 6:00pm Balloon Badminton - 3L 6:30pm 1:1 Music Therapy - V 6:30pm Today's Music - 1TVL	13 9:15am Ball Toss - 2L 9:30am Friendly Visits - V 9:30am Tender Touch - V 10:00am Catholic Mass - MDR 2:00pm Bingo - MDR 3:00pm Friendly Visits - V 3:00pm Friendly Visits - V 3:00pm Today's Music - 1TVL 6:00pm Nice Nails - 3L 6:30pm Activities on the Go - 3L	14 9:30am 1:1 - Exercise Program - V 9:30am Balloon Badminton - 1TVL 10:15am 1:1 Conversations & Reminiscing - V 10:15am Ball Toss - 3L 1:30pm Documentary/Movies - 2L 2:00pm Music Sanctuary Sessions with Arianne - AR 4:00pm Video Call - 1 6:00pm Painting Art - 3L 6:00pm Tovertafel Magic Table - AR 6:30pm Nice Nails - 2L 6:30pm iPad Visits - V	15 9:30am DrumFit - 3L 9:30am Fun and fitness - 2L 10:15am Artistic Expression - 3L 10:15am Brain Games - 2L 2:00pm Fresh Melon Treats on the Go! 3:00pm Movies - 1TVL 3:00pm TV shows - 3L 3:00pm Today's Music - 2L 6:00pm Artistic Expression - TS 6:00pm DementiAbility Activity Box - V 6:30pm Fun & Fitness - 1TVL 6:30pm Tender Touch - V	16 9:30am Friendly Visits - V 10:00am Fun& Fitness - 3L 10:00am St. John Ambulance Dog Therapy Visit 10:15am Brain Games - 1TVL 10:15am Creative Movement - 2L 10:30am Chair dancing - 3L 2:00pm Pentecostal Church Service - MDR 3:00pm TV Shows - 1TVL 3:00pm Tender Touch - V 3:00pm Today's Music - 2L
17 9:30am 1:1 conversations - V 9:30am Ball Toss - 3L 9:30am Friendly Visits - V 10:00am Spiritual poems readings - 3 10:15am DrumFit - 2L 10:15am Outdoor Experience - FG	18 9:30am Morning Greetings - V 9:30am Tender Touch - V 10:00am Tovertafel Magic Table - AR 10:15am Creative Movement - 1TVL 2:00pm Birthday Celebration! - MDR 3:00pm Friendly Visits - V	19 9:30am Activities on the Go - 3L 9:30am Friendly Visits - V 9:30am Low Impact Group Exercise Class in Sitting - 1TVL 10:00am Nice Nails - 1TVL 10:15am Obie - 3L	20 9:15am Ball Toss - 2L 9:30am Balloon Badminton - 3L 9:30am Friendly Visits - V 10:15am Balloon Badminton - 2L 10:15am DementiAbility Activity Box - V 10:15am Tender touch - V	21 9:00am Friendly Visits - V 9:00am Sensory Stimulation - V 9:30am Balloon Badminton - 1TVL 10:15am 1:1 Conversations & Reminiscing - V 10:30am Trip to Evergreen Brick	22 9:30am Creative Movement - 2L 9:30am DrumFit - 3L 10:15am Artistic Expression - 3L 10:15am Nice Nails - 2L 1:30pm Documentary/Movies - 1TVL 2:00pm Artistic Expression - 2L	23 9:30am Friendly Visits - V 9:30am Friendly visits - V 10:00am St. John Ambulance Dog Therapy Visit 10:15am Brain Games - 1TVL 10:15am Creative Movement - 2L

1:00pm Sunshine Therapy Dog Visits 2:00pm Obie - 2L 2:00pm Spelling Bee - 3L 3:00pm Movies - 2L 3:00pm Movies - 3L 3:00pm TV Shows - 1TVL	3:00pm TV Shows - 1TVL 3:00pm Today's Music - 2L 6:00pm 1:1 Conversations & Reminiscing - V 6:00pm Nice Nails - 1TVL 6:30pm Tender touch - V 6:30pm Tender touch - V	10:15am Singalong - 2L 2:00pm Summer Fun Happy Hour! OUT 3:00pm St. John Ambulance Dog Therapy Visit - V 6:00pm Painting Art - 1TVL 6:30pm iPad Visits - V	2:00pm Bingo - MDR 3:00pm Friendly Visits - V 3:00pm Friendly Visits - V 3:00pm Today's Music - 1TVL 6:00pm Balloon Badminton - 1TVL 6:30pm Today's Music - 1TVL	Works! (10:30am-2:30pm) - OUT 3:00pm 1:1 Conversations & Reminiscing - V 3:00pm DementiAbility Activity Box - 2L 4:00pm Video Call - 1 6:00pm Painting Art - 1TVL 6:30pm iPad Visits - V	2:00pm Snoezelen Cart - 2L 2:00pm Snoezelen Cart - 3L 2:00pm Trivia - 1TVL 3:00pm Friendly Visits - V 3:00pm Fun & Fitness - 1TVL 3:00pm TV shows - 3L 6:00pm Tender touch - V 6:30pm iPad Visits - V	10:30am Chair dancing - 3L 2:00pm Methodist (Christian Protestant) Service - MDR 3:00pm Hymn Sing - 1TVL 3:00pm Tender Touch - V 3:00pm Today's Music - 2L 6:30pm 1:1 Conversations & Reminiscing - V
24 9:30am 1:1 conversations - V 9:30am Balloon Badminton - 3L 9:30am Bowling - 2L 10:15am Hymn Sing - 2L 10:15am Hymn Sing - 3L 10:15am Outdoor Experience - FG 1:00pm Sunshine Therapy Dog Visit - V 2:00pm Brain Games - 2L 2:00pm Obie - 1TVL 2:00pm Singalong - 3L 2:00pm Tovertafel Magic Table 1 - AR 3:00pm Movies - 2L 3:00pm Movies - 3L	25 9:30am 1:1 - Exercise Program - V 9:30am Morning Greetings - V 10:00am Hairdresser Day 10:00am-4:00pm - Hair Salon Basement 10:15am Creative Movement - 1TVL 10:15am Obie - 2L 2:00pm Balloon Badminton - 2L 2:00pm Snoezelen Cart - 3L 3:00pm Trivia - 1TVL 6:00pm DementiAbility Activity Box - 3 6:00pm Painting Art - 2L 6:30pm 1:1 Conversations & Reminiscing - V	26 9:30am Activities on the Go - 3L 9:30am Friendly Visits - V 9:30am Low Impact Group Exercise Class in Sitting - 1TVL 10:00am Nice Nails - 1TVL 10:15am Obie - 3L 10:15am Singalong - 2L 2:00pm Activities on the Go - 1TVL 2:00pm Snoezelen Cart - 3L 3:00pm St. John Ambulance Dog Therapy Visit - V 6:00pm Nice Nails - 2L 6:30pm Tender touch - V	27 9:15am Ball Toss - 2L 9:30am Balloon Badminton - 3L 9:30am Friendly Visits - V 10:15am DementiAbility Activity Box - V 10:15am DementiAbility Activity Box - 2L 10:15am Tender touch - V 2:00pm Bingo - MDR 3:00pm Friendly Visits - V 3:00pm Friendly Visits - V 3:00pm Today's Music - 1TVL 6:00pm Artistic Expression - 2L 6:30pm Music and Memories - 2L	28 9:30am Balloon Badminton - 1TVL 9:30am Balloon Badminton - 3L 10:15am 1:1 Conversations & Reminiscing - V 10:15am Nice Nails - 3L 1:30pm TV shows - 2L 2:00pm Music Sanctuary Sessions with Arianne - AR 3:00pm 1:1 Conversations & Reminiscing - V 4:00pm Video Call - 1 6:00pm Painting Art - 2L 6:30pm iPad Visits - V	29 9:30am DrumFit - 3L 9:30am DrumFit - 2L 10:15am Artistic Expression - 3L 10:15am Brain Games - 2L 2:00pm Therapeutic Games Day! - MDR 3:00pm Fun & Fitness - 1TVL 3:00pm TV shows - 3L 3:00pm Today's Music - 2L 6:00pm Balloon Badminton - 2L 6:00pm Tovertafel Magic Table - AR 6:30pm 1:1 - Exercise Program - V 6:30pm Friendly Visits - V	30 9:30am Activities on the Go - 2L 9:30am Friendly Visits - V 10:00am St. John Ambulance Dog Therapy Visit 10:15am Brain Games - 1TVL 10:15am Creative Movement - 2L 10:30am Chair dancing - 3L 2:00pm Outdoor Experience - FG 2:00pm Snoezelen Cart - 3L 3:00pm Hymn Sing - 1TVL 3:00pm TV shows - 2L 3:00pm Tender Touch - V 6:30pm Friendly Visits - V
31 9:30am 1:1 conversations - V 9:30am Balloon Badminton - 3L 9:30am Hymn Sing - 2L 10:00am Low Impact Group Exercise Class in Sitting - 3L 10:15am Bowling - 2L 10:15am Outdoor Experience - FG 1:00pm Sunshine Therapy Dog Visits 2:00pm Jewelry Making - 2L 2:00pm Obie - 1TVL 2:00pm Snoezelen Cart - 3L 3:00pm 1:1 Card Games - 2L 3:00pm Movies - 3L	ACTIVITIES ARE SUBJECT TO CHANGE					

1 - 1

AR - Activity Room

V - Varied/Resident Rooms

1TVL - TV Lounge

FG - Front Garden

2L - 2nd Floor Lounge

MDR - Main Dining Room

3 - 3

OUT - Outings

3L - 3rd Floor Lounge

TS - Tuck Shop